

"What an incredible experience. Life Stories Institute surpassed all my expectations. It was the perfect balance between instruction, modeling, and personal application. It was totally immersive."

— 2022 Institute Participant

THE THEATRE LAB PRESENTS

The Life Stories Institute

The Life Stories Institute is an intensive learning experience for anyone interested in harnessing the power of the dramatic arts to encourage wellness, inspire empathy, and drive positive self-expression in their community and/or workplace.

Thursday, March 9 – Sunday, March 12, 2023

12 Hour Interactive Online Course Designed to Accommodate Work Schedules
Thursday and Friday, 5-7pm, Saturday and Sunday, 1-5pm

About the Life Stories Institute

- The Life Stories Institute is an extension of The Theatre Lab's award-winning Life Stories Program that teaches participants, often from vulnerable populations, how to create original dramatic works using their own life experiences as inspiration.
- Life Stories Institute attendees will receive the training and tools required to create and teach Life Stories programs in their own communities.
- Since 2000, The Theatre Lab has taught The Life Stories Program in Washington, D.C. to thousands of individuals including seniors in assisted living facilities, women in addiction recovery, veterans, and many more.

Should you attend the Institute?

- The Life Stories Institute is for people of all ages, backgrounds and skill sets. Acting or teaching experience is not required.
- Are you looking to inspire positive professional breakthroughs and growth among your employees or colleagues?
- Do you love the arts and want to make a difference in your community?

- Are you a guidance counselor, life coach or mental health counselor?
- Do you work with individuals from vulnerable groups?
- Are you a teacher looking to incorporate the arts into your lesson plans?
- Are you an actor looking to expand your repertoire and share your passion with others?

The benefits of attending

Over four sessions, the creators of the Life Stories program will guide you through demonstrations, discussions, interactive panels, and your own model teaching session to prepare you to start a program in your own organization or community.

Attendees will also receive:

- Professional networking opportunities
- Ongoing mentoring from The Theatre Lab
- Unlimited access to the Life Stories Institute e-learning platform, featuring the Life Stories Toolkit

Now Accepting Applications

To ensure individual attention, attendance is limited to 16 participants. Applications will be reviewed and accepted on a rolling basis.

APPLY BY February 15

Applicants notified of admission status by: February 22, 2023

Tuition:
\$395

Full and Half Scholarships Available
See online application for details.

Learn more and apply online at
www.theatrelab.org. For questions, call
202-824-0449 or email bryce@theatrelab.org.



LSI Faculty: Buzz Mauro and Deb Gottesman

THE THEATRE LAB SCHOOL OF THE DRAMATIC ARTS is Washington, D.C.'s largest and most comprehensive independent, nonprofit school for the dramatic arts. Our mission is to transform lives through theatre education. We work to make the real-life benefits of theatre training accessible to all regardless of age, income, or experience level.

The Theatre Lab
SCHOOL OF THE DRAMATIC ARTS

LifeStories®



NATIONAL
ENDOWMENT
for the ARTS

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