

*Join us for a four-day intensive learning experience.*

THE THEATRE LAB PRESENTS

# The Life Stories Institute

THURSDAY, OCTOBER 3 -  
SUNDAY OCTOBER 6, 2019

AT THE THEATRE LAB SCHOOL OF THE DRAMATIC ARTS  
733 8<sup>TH</sup> ST NW • WASHINGTON, DC 20001



**“I was simply amazed! Jam-packed with the most interesting material you could ever dream of.”**  
- 2018 Life Stories Institute graduate

► **Learn to harness the power of the dramatic arts. Encourage wellness, inspire empathy, and drive positive self-expression in your community or workplace.**

## Share

Our participants are counselors, teachers, life coaches, volunteers, mental health professionals, artists and more. **You don't need theatre or teaching experience to attend.** Share this training opportunity with other people you know who might benefit.

## Apply

**Save \$50: Apply to the Institute at [lsi.theatrelab.org](http://lsi.theatrelab.org) by August 1.**

**Tuition:** \$475 when you apply by August 1, 2019.  
Rates increase to \$525 after that date.

Applications will be reviewed and accepted on a rolling basis. Tuition covers all Life Stories Institute activities from October 3-6, 2019, including closing dinner on Sunday and a copy of the Life Stories Toolkit.

**Questions?** Email [deb@theatrelab.org](mailto:deb@theatrelab.org) or call 202.824.0449

THE THEATRE LAB is Washington, DC's largest and most comprehensive independent, nonprofit school for the dramatic arts. The Theatre Lab's mission is to transform lives through theatre education. For over 25 years, the organization works to make the real-life benefits of theatre training accessible to all regardless of age, income, or experience level.

**The Theatre Lab**  
SCHOOL OF THE DRAMATIC ARTS

**LifeStories**



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**“I walked away feeling like my mind and heart had been opened. I was equipped and trained in important new skills.”**

## About The Life Stories Institute

The Life Stories Institute is an extension of The Theatre Lab’s award-winning Life Stories Program that teaches participants, often from marginalized populations, how to create original dramatic works using their own life experiences as inspiration.

Life Stories Institute attendees will receive the training and tools required to create programs based on the Life Stories model in their own communities.

Since 2000, The Theatre Lab has taught The Life Stories Program in Washington, DC to thousands of people, including incarcerated youth, seniors living in assisted living facilities, and formerly homeless women in substance abuse recovery.



### What to Expect:

The Life Stories Institute is limited to 16 participants each year to ensure that all students receive ample time, space, and feedback for maximum learning and growth. Over the four days, you’ll hear directly from the founders of the Life Stories program, with discussion panels and guest instruction from working teaching artists, social service providers and vulnerable people who have gone through the Life Stories experience. You’ll take part in exercises with your peers, observe facilitation of a program, and try your hand at leading a group. Expect one-on-one mentoring, meaningful professional and personal network building, new skills, and inspiration for years to come!

### Who attends the Life Stories Institute?

Educators, guidance counselors, mental health professionals, life coaches, members of the clergy, yoga teachers, AmeriCorps alums, community organizers, theatre practitioners, retired volunteers, artists of all kinds, freelancers, social service providers, storytellers, and more.

Learn more and apply online at [lsi.theatrelab.org](http://lsi.theatrelab.org)  
by August 1 for \$50 off tuition.

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